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### Q. Where can I receive training to effectively use the Densah<sup>®</sup> Bur procedure?

- A. Monthly hands-on courses are available through our Chicago Training Facility. Visit [versahodacademy.com](https://www.versahodacademy.com) to view a full list of dates and course details.  
Live outside of the US and want to attend a Training Course? Check out our [International Event Page](#) for opportunities coming nearest to you.
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## 19.

### Q. May I eliminate the step of ridge augmentation in narrow ridges prior to implant placement?

- A. With the Densah<sup>™</sup> Bur system you may be able to place an implant utilizing the [Plus1<sup>™</sup> Protocol](#). This protocol may allow the placement of an implant that is up to 1mm larger in diameter than the pre-surgical narrow ridge, without augmentation. For example, The Densah<sup>™</sup> Bur system may allow placement of a 3.7-4.0mm tapered implant in a minimum ridge width of 3mm. A 5mm implant may be placed in a 4mm ridge. And a 6mm implant may be placed in a 5mm ridge.
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## 20.

### Q. What peak insertion torque values should I expect with the osseodensification process?

- A. Initial clinical data has shown that implants placed with the Densah<sup>™</sup> Bur system may routinely achieve a peak insertion torque of 40-85 Ncm.

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## 21.

### Q. How long before the implant can be loaded?

- A. Initial clinical data on file has shown an increase in total implant stability throughout healing, which may allow a shorter waiting period to loading. Observe the approved indications for use for the implant system and follow the implant manufacturers recommendation.
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## 22.

### Q. What kinds of equipment are needed for the Densah<sup>™</sup> Bur?

- A. Any commercially available surgical drill motor and handpiece that are capable of operating in both forward (clockwise) and reverse (counterclockwise) directions and can achieve at least 1200 rpm with torque 5-50 Ncm in both directions, will work with the Densah<sup>™</sup> Bur system.

**23.**

**Q. Is it necessary to irrigate the osteotomy site during the osseodensification procedure?**

- A. Yes. Apply an abundant steady flow of sterile irrigating fluid to the osteotomy site throughout the procedure. Without ample irrigation, the risk of overheating and necrosis is high. Irrigation is necessary to facilitate the plastic deformation expansion of the bony tissue.
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**24.**

**Q. Is the Densah™ Bur reusable?**

- A. The Surgical drills and Burs should be replaced when they are dulled, worn out, or corroded. Versah™ recommends replacing surgical drills and burs after 12-20 osteotomies<sup>[01]</sup>. It is recommended that replacement Densah™ Burs be on hand in the event replacement is needed during a surgery.
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**25.**

**Q. Can my Densah™ Burs be re-sharpened/re-furbished?**

- A. Unfortunately, the manufacturing tolerances needed to achieve the requisite performance of our Densah™ Burs are so precise that re-sharpening is not possible. Please dispose of used Densah™ Burs that have reached the end of their useful life in a safe and responsible manner.
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**26.**

**Q. Can Densah™ Burs be used with computer generated implant placement guides?**

- A. At this time, Densah™ Burs are not compatible with any implant placement guide systems. We have our own fully Guided Surgery System. Learn more about Versah's [Guided Surgery System](#)
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## 27.

### Q. What is the difference between the Densah™ Burs and rotatory expanders?

- A. Unlike the Densah™ Burs, rotatory expanders cannot be used with high-speed rotation of 800-1500 RPM. They are only to be used with low speed rotation of 20-50 RPM. In addition, rotary expanders link the expansion rate to the rotation rate, which is controlled solely by the expander threads pitch. This limits surgical control, so bone is usually manipulated either at its elastic deformation region or with slight more force it can quickly reach its fracture limit. Densah™ Burs are designed to unlink the rotation rate to the expansion rate to allow full surgical control to produce bone plasticity with a rate dependent stress to achieve a rate dependent strain. Optimizing Bone Plasticity utilizing osseodensification may reduce the risk of buccal bone fracture.

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## 28.

### Q. Can I run the standard drilling bits in my implant kit in reverse to replicate the Versah™ osseodensification protocol?

- A. Unlike conventional drills, Densah™ burs are specially designed for the Versah™ osseodensification protocol. Densah™ burs provide smooth, chatter-less operation at high-speed reverse rotation (800-1500 RPM) to optimize bone plasticity and expand an osteotomy with virtually no risk of bone damage and with minimum patient discomfort. Furthermore, Densah™ burs are uniquely engineered to autograft bone particles throughout the osteotomy. In contrast, conventional drill bits are not designed to function in reverse at high speed. There is significant risk that your conventional drill bit run in reverse will produce excessive chatter and may over-heat the bone if the surgeon applies excessive axial force. Please do not use our protocol with any conventional drill bits. Densah™ Burs are the only bone drilling burs in the market designed for osseodensification.

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## 29. Pressure Osteonecrosis-Fact or Fiction?

### Q. Do I need to be concerned about High Insertion Torque (IT) values, achieved with osseodensification using the Densah™ Bur System, causing pressure osteonecrosis during implant placement?

- A. The short answer is **NO** – Bone pressure necrosis is not a concern with the high insertion torque values achieved by osseodensification using the Densah™ Burs. In fact, the literature supports that higher insertion torque values and more dense surrounding bone are a combination that enhances primary stability and healing, and minimizes micro-motion of the implant<sup>[02]</sup>

The term Pressure Osseonecrosis (bone pressure necrosis), although used frequently, has never been clearly defined in the literature other than generally viewed as excessive compression (pressure) of bone created during implant insertion and it is limited to cortical dense bone.<sup>[03]</sup>

The theory is that high insertion torque values for implant placement above 40-45 Ncm may create pressure ischemia and microcirculation disturbances to osteocytes leading to bone resorption. Compression of bone beyond its physiologic limits may result in ischemia leading to osseous necrosis.<sup>[04-05]</sup> **However, no scientific data exists to support these opinions and this phenomenon has never been scientifically proven.**

On the other hand, both animal histological and human controlled clinical studies have shown that high insertion torque does not induce bone necrosis.

Trisi et al, demonstrated that high IT in dense bone does not induce bone necrosis or implant failure. In fact, histologically, high IT increased initial BIC (bone to implant contact) and promoted primary healing and remodeling for weeks 1-6 when compared to low IT placed implants. Implant placed with 110 Ncm showed primary bone healing with no dip at 3 weeks and 40% bone remodeling at 6 weeks. <sup>[06]</sup>

Clinical study by Ottoni et al, has correlated High IT with increased survival rate of single tooth implants under functional loading. He concluded that for every 9.8 Ncm of torque added; the risk of implant failure was reduced by 20%. <sup>[07]</sup>

Khayat et al, concluded that the use of high IT up to 176 Ncm did not prevent or inhibit osseointegration. <sup>[08]</sup>

Perren et al inserted compression plates in the tibia of sheep and observed that pressure at the screw sites of about 40 MPa did not result in pressure necrosis but rather a gradual decrease in pressure due to bone viscoelasticity <sup>[09]</sup>. Transient ischemia may be an important factor in initiating fracture healing. Ischemia in the rat tibia for 4.5 h was found to cause periosteal proliferation instead of bone death. <sup>[10]</sup>

In Summary, there is a slow gradual decline in bone stress produced at implant insertion. This decline is a result of:

1. Viscoelastic relaxation of bone.
2. Normal remodeling by basic multicellular units whereby pre-stressed bone is replaced by new bone through internal remodeling rather than surface resorption. <sup>[11-12]</sup>

Higher insertion torque combined with the enhanced osseodensification of the implant site is highly desired.

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